The minimum requirements will be five paragraphs with seven sentences in the intro and conclusion and nine in each of the three body paragraphs. It is acceptable to write more paragraphs with fewer sentences as long as the minimums are met and compound sentences are used. Students will be provided a detailed rubric.

These are reflective essays that do not require citations or works cited, however if someone is quoted or if material from another source is used, students MUST cite those sources and give credit to the originator. Using sources is acceptable as long as student shows they have connected the material relevantly to their personal reflection. What you think/feel about something?

This will be worth one English 4 credit.

**1) Non-Profit Organization**

1) How can I make the world better? FIRST: Select a non-profit

Help: People, environment, animals, disease

Foundations)

1. Why did you choose this non-profit?
2. Find out the organization’s missions?
3. Volunteers- find out how, where, when, training , and the duties you perform.

(If you volunteer- Elective credit)

1. Who benefits from this organization’s work?
2. What progress has this organizations made? How successful has it been?

Non-Profit-Volunteering: How does volunteering help society?

Paid Employees/ Volunteers ---> Mostly get fundraising from donations and some govt. grants.

**2) How will I overcome life’s challenges?**

Change: Courage, Believe in yourself, Respond to challenges

Divorce, Death in family, Loss of job, Loss of home, Addiction, Anger Management, illness

Use people you know as examples of someone who handled one of these situations well; **or** How would you do it different? THIS IS ABOUT YOU. Use others ONLY as a brief example.

**3) What do you want your legacy to be?**

A) How a person is remembered by other people

B) Everybody has a legacy through contact with others

C) To have a positive legacy, you must make the effort

D) What do **you** need to do *now* to leave a positive legacy?

Mitch Albom – *The Five People You Meet in Heaven*